

# THERAPY PRESCRIPTION



PRIVATE \_\_\_\_\_

NO FAULT TREATMENT PLAN

WORKERS COMPENSATION TREATMENT PLAN

**Honolulu Clinic & Pool**  
Ph: 521-4922 ♦ Fax: 521-4921

**Kailua Clinic**  
Ph: 261-4321 ♦ Fax: 261-4320

**Kaneohe Clinic & Pool**  
Ph: 235-5398 ♦ Fax: 235-6359

**Kaneohe Clinic -Work Comp/No Fault  
Windward Occupational Rehab Center  
(W.O.R.C.)**  
Ph: 234-5353 ♦ Fax: 234-5858

Patient's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Patient's Contact Number \_\_\_\_\_ Date of Injury/Surgery \_\_\_\_\_

ICD Code \_\_\_\_\_ Diagnosis \_\_\_\_\_

ICD Code \_\_\_\_\_ Diagnosis \_\_\_\_\_

Precautions \_\_\_\_\_

## **EVALUATE & TREAT**

**PHYSICAL THERAPY**  **CLINIC**  **MOBILE**

\_\_\_\_\_ x per week for \_\_\_\_\_ weeks. Total \_\_\_\_\_

**AQUATIC PHYSICAL THERAPY** – Kaneohe & Downtown HNL

\_\_\_\_\_ x per week for \_\_\_\_\_ weeks. Total \_\_\_\_\_

**MASSAGE THERAPY** by a Licensed Massage Therapist  
For Workers Comp/No Fault Insurance Patients

\_\_\_\_\_ x per week for \_\_\_\_\_ weeks. Total \_\_\_\_\_

**WORK HARDENING & CONDITIONING** - W.O.R.C.

\_\_\_\_\_ x per week for \_\_\_\_\_ weeks. Total \_\_\_\_\_

**FUNCTIONAL CAPACITY EVALUATION (F.C.E.)** - W.O.R.C.

### **Manual Therapy**

Joint Manipulation  
Joint Mobilization  
Myofascial Release  
Strain-Counterstrain  
Soft Tissue Mobilization  
Gaston / IASTM  
(Instrument Assisted  
Soft Tissue Mobilization)

### **Modalities**

Mechanical Traction  
Electrical Stimulation  
Ultrasound

**Other** \_\_\_\_\_

### **Therapeutic Exercises**

Strengthening  
ROM/Flexibility  
Postural Education / Ergonomics  
Home Exercise Program

### **Neuromuscular Re-Ed**

Gait Training  
Balance Training  
Coordination / Proprioception  
CVA / Stroke Recovery

Physician's Signature \_\_\_\_\_ Date: \_\_\_\_\_

Physician's Name (printed) \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

## FOR OFFICE USE ONLY

Treatment plan start date \_\_\_\_\_ end date \_\_\_\_\_ estimated cost \$ \_\_\_\_\_

Company \_\_\_\_\_ Employer \_\_\_\_\_

Adjuster \_\_\_\_\_ Ph \_\_\_\_\_ Fax \_\_\_\_\_

Claim No. \_\_\_\_\_  Approved \_\_\_\_\_  Denied \_\_\_\_\_