



FUKUJI & LUM AQUATIC PHYSICAL THERAPY

Aquatic Physical Therapy sessions are provided in a heated pool by a licensed physical therapist and support staff who develop individualized care plans to meet patients' goals. Exercises performed in the water result in less stress on the joints and allow functional movements that can be too challenging to be performed with a land based therapy program.

Kokokahi YWCA
in Kaneohe
Mon-Fri



Laniakea YWCA
in Honolulu
Mon/Wed



Kroc Center Hawaii
in Kapolei
Tues/Thurs



Common Injuries & Conditions

Back, Shoulder, Hip or Knee Surgery
Joint Replacements
Degenerative Joint Disease
Myofascial Pain or Fibromyalgia
Balance Problems or Falls
Frozen Shoulder
Back Pain
General Weakness
Osteoarthritis
Fractures
Obesity

(808) 261-4321

www.fukujilumpt.com

The F&L Aquatic Clinic provides an environment unique in its healing potential by providing freedom from gravity to enable pain free rehabilitation. We strive to empower and instill confidence in our patients to overcome obstacles, foster optimism and hope and to heal beyond their expectations.



Rachel Hyland, PT
Aquatic Clinic Director

