



FUKUJI & LUM
PHYSICAL THERAPY



RETURN TO WORK

**STRONGER
AND
SAFER**



**WORK CONDITIONING
WORK HARDENING
FUNCTIONAL CAPACITY
EVALUATION**

**WORK INJURY
REHAB
SERVICES**



Fukuji & Lum Physical Therapy offers Work Hardening & Conditioning Programs for Worker's Compensation patients. These specialized programs are designed primarily to meet the goal of returning patients to work stronger, safer and as soon as possible.

WORK CONDITIONING

- Structured, goal-oriented individualized treatment program designed to return the patient back to work using real or simulated work activities.
- Restores physical capacity, behavioral and vocational functions.

WORK HARDENING

- Therapy-based exercise program to improve strength, endurance, flexibility, motor control and cardiopulmonary function.
- Focus is on physical conditioning in preparation for work hardening.

FUNCTIONAL CAPACITY EVAL

A comprehensive physical exam of high validity and reliability to determine a person's functional abilities as it pertains to a specific job description.

SERVICES

**PHYSICAL THERAPY
AQUATIC PHYSICAL THERAPY
MASSAGE THERAPY**

AQUATIC CLINICS
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