



FUKUJI & LUM

AQUATIC PHYSICAL THERAPY

Aquatic Physical Therapy sessions are provided in a heated pool by a licensed physical therapist and support staff who develop individualized care plans to meet patients' goals. Exercises performed in the water result in less stress on the joints and allow functional movements that can be too challenging to be performed with a land based therapy program.

Common Injuries & Conditions

Back, Shoulder, Hip or Knee Surgery

Joint Replacements

Degenerative Joint Disease

Myofascial Pain or Fibromyalgia

Balance Problems or Falls

Frozen Shoulder

Back Pain

General Weakness

Osteoarthritis

Fractures

Obesity



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RACHEL HYLAND, PT
AQUATIC CLINIC ADVISOR

"The F&L Aquatic Clinic provides an environment unique in its healing potential by providing freedom from gravity to enable pain free rehabilitation. We strive to empower and instill confidence in our patients to overcome obstacles, foster optimism and hope and to heal beyond their expectations."

